

# TITLE: CROSS CULTURAL PSYCHOLOGY AND EARLY CHILDHOOD DEVELOPMENT - PSYC 400

LANGUAGE: English
TOTAL HOURS: 45 hours
CREDITS: 3 credits

#### **DESCRIPTION**

Psychology has conventionally situated itself as universally applicable science, however, it can be described as a "modernist" and European-American phenomenon. This course explores the cultural aspects of psychology, examining how biology, psychology, and culture interact in the context of contemporary Spanish and North American societies. One of the key contributions of cultural psychology is thematizing the different filters that moderate how psychological phenomena are understood. These filters, which operate at both conceptual and epistemological levels in large part circumscribe how psychology is studied and applied. This course will provide a conceptual foundation for the understanding of psychology and culture, with a focus on human development, the self, intergroup relations, and cross-cultural communication. The study abroad experience will be used to experientially examine and apply the material covered in class. Finally, wider application of the material in the context of mental health and its care will be explored.

\*On a Jacksonville University transcript this course will appear as **PSYC 400 Special Topics: Cross Cultural Approach to Psychology - PSYC 400** 

# **COURSE OBJECTIVES**

By the end of the course, students will gain knowledge of:

- The concepts of culture, race, and ethnicity.
- The concepts of absolutism, universalism and relativism, and relate them to the emic-etic differentiation in the context of cross-cultural psychology.
- A bio-psycho-sociocultural approach to human development and mental health.
- Problems and compensating strategies in cross-cultural research
- The relationship between culture, race, and immigration on mental health
- Pitfalls and optimizing strategies related to the study abroad experience, drawing from the cross-cultural psychology literature
- Cultural competence and intercultural communication

#### **METHODOLOGY**

The course will use a combination of guided lectures, classroom interaction, student presentations and tours of the city as well as emphasis on class debates to integrate and reflect on theories and experiences.

#### **EVALUATION**

Attendance to classes and field trips is mandatory; poor attendance will affect the final grade of the student as well as the everyday participation grade.



The final grade consists of six different parts: class participation, class presentation, photo project, a midterm written exam, a final written exam, and a final paper.

The breakdown of grades is made up as follows:

Class participation	15%
Class presentation	15%
Journal/forum/Photo Project	10%
Midterm written exam	20%
Final written exam	
Final paper	20%

**Class participation:** Active class participation includes coming to class prepared and on time, having read the material for that day and show active reflection on that material, answering questions from the professor, generating questions and engaging in group activities using required reading for that day. Students are encouraged to express their opinions in class with the professor and the other students.

**Exams:** Both the midterm and the final exams may contain a mix of short answer and essay questions aimed to test the students' full comprehension of facts and the ability to argue his/her opinions based on class material.

The guidelines for exams are as follows-

- Any student found cheating will automatically fail this examination. Additional sanctions may be imposed.
- Talking or communicating with other students during the examination is forbidden.
- Desks must be cleared of all books, notes and papers. All unauthorized materials must be put away and remain out of sight throughout the examination.
- All telephones and electronic devices must be turned completely off during the exam.
- Students arriving later than 15 minutes will not be allowed into the classroom to take the examination, subject to the decision of the instructor.
- At the end of the examination students will remain seated until their papers are collected. No one may leave the room until excused.
- Should assistance be required, students will attract the attention of the instructor.
- Failure to follow these rules will automatically lead to failure of this examination.

**Presentation:** Students will be required to "co-teach" a portion of one class along with the professor, in which the student will present the reading in question, note the key concepts or ideas presented, generate questions for class discussion, and provide a brief critical response to the reading.

Students will **keep a weekly journal** in which they will apply the class materials to their personal experience. Those informal reflections may serve as a foundation for the Photo-project, as well as the Final paper.

**Photo-Project in pairs:** Students will choose **10 photos** to present their personal evolution and experiences during their study-abroad-journey. They are required to connect them to and illustrate cross-cultural concepts of their choice seen in class, take perspective from their initial reactions and



show critical thinking about themselves. Presentations will take place at the end of the sojourn during the two last classes.

**Final paper:** Students will write a paper about either the "cross-cultural experience of study abroad" applying class material, or about a topic of their interest relevant to cross-cultural psychology. Whereas the journals can function as "field notes" for the paper, however, the paper is a formal academic endeavour. Students are expected to demonstrate original and critical thinking as well as analytical reflection from scholarly research cited properly. By the middle of the sojourn students are required to submit a brief proposal in which they describe what they will write their paper on along with an "action plan".

#### **FIELD STUDIES**

Each course will include a minimum of 2 field studies. These field studies will be directly related to the course work, and may include visits to monuments, companies, government buildings, or museums. A potential field study is a tour of the Raval neighborhood.

# **ACADEMIC INTEGRITY**

SIS programs foster critical thinking and intellectual development of its students. In doing so, SIS requires that students introduce their original thoughts, opinions, and ideas in all of their assignments with the support of cited sources. Any violations of academic integrity, such as cheating, plagiarism, self-plagiarism, academic misconduct, fabrication, misuse or misrepresentation of research, and noncompliance, may result in an automatic *F* or immediate dismissal from the program if the student falls below the minimum number of credits required for the term; 12 credits during the semester, or 3 hours during the summer.

**Cheating:** Any action that violates the rules and guidelines given by the instructor for submitting assignments or exams.

**Plagiarism:** Any action that presents the ideas, opinions, research, etc. of another as your own.

- Directly copying another's work without citing sources
- Submitting another person's work into your own without properly citing the source(s) used.
- Paraphrasing another person's work without providing appropriate citations

**Self-plagiarism:** Submitting a piece of one's own work to receive credit for multiple assignments in one or more class.

**Academic Misconduct:** Any act that impedes or threatens the open exchange, expression, or flow of information or fair evaluation of students. This includes intimidation and complicity in any acts or attempts to interfere with the ethical and fair submission and evaluation of student work.

**Fabrication:** Providing inaccurate or false information, including research findings, quotes, and cited sources, etc.

**Non-compliance:** Failure to comply with the values, objectives, and procedures contained in this policy.



As SIS is accredited by Jacksonville University, students are held accountable to JU's <u>Academic Integrity and Code of Conduct</u>. You are expected to read and understand the JU terms and regulations of Academic Misconduct.

(https://drive.google.com/file/d/1PyZmN0EAH1o4bKVZdzxVyKw-wdiwXewx/view)

#### **ATTENDANCE POLICY**

**Semester**: Students are allowed THREE absences throughout the semester without penalty. Starting with the fourth absence, the student's FINAL GRADE will be lowered by a fraction of a letter (1/3 of a letter grade). For example, if a student has 4 absences and a final grade of B+, the grade will be lowered to a B, if 5 absences the grade is lowered to B-.

**Summer**: Students are allowed TWO absences throughout the summer without penalty. Starting with the third absence, the student's FINAL GRADE will be lowered by a fraction of a letter (1/3 of a letter grade). For example, if a student has 4 absences and a final grade of B+, the grade will be lowered to a B, if 5 absences the grade is lowered to B-.

\*January Term students are allowed TWO absences as well.

There are NO excused absences. If a student misses class because s/he is sick, that counts as one of the allowed absences. No excused absences and no excuses.

Quizzes, exams and participation points that are missed because of an absence cannot be recuperated.

Students that arrive late 5 minutes or more will receive a 0 for participation for the day.

# **COURSE CONTENT**

Session	Content
1	Introduction to the Course expectations
2	When cultures collide: Shakespeare in the bush
3	What is cross-cultural psychology?
	Overview of the interaction of culture and psychology  Basic Concepts I: Culture and Race
4	Explore the meaning and relevance of race, culture, and ethnicity in the U.S and Spain
5	Epistemological Perspectives: Emic-etic and cultural values
6	Research in cross-cultural psychology
7	Intercultural Competence
8	Human development and culture
	Bio-psycho-social model of human development
9	Family relations across cultures
10	Study Abroad
	Discussion of study abroad experience in context of class concepts and
	readings



11	MIDTERM REVIEW
12	MIDTERM
13	Identity and the Self Across Cultures I: Ethnic and Bicultural Identity
	Personal ethnic identity measurement and analyzation
14	Identity and the Self Across Cultures II: Racial Identity
	Personal racial identity measurement and analyzation
15	Adolescence Across Cultures
16	Culture and Mental Health
	The "4 Exes" of culture and mental health (experience; expression;
	explanation; expectations)
17	Immigration and Mental Health I: Acculturation
18	Immigration and Mental Health II: Acculturative Stress and Coping
19	Minorities and Mental Health I: Racism
	Implicit association test on skin color/racism
	Analyzation of the "reality" and racism in the U.S. and Spain
20	Sojourners & Study Abroad II: How Goes?
21	Intercultural Interactions I: Intercultural Communication
22	Intercultural Interactions 2: Psychotherapy
23	PRESENTATIONS
24	Re-entry: Strategies to Optimize Re-entry
25	MIDTERM REVIEW

<sup>\*</sup>Number of sessions vary depending on term.

# **BIBLIOGRAPHY**

# **Required readings:**

- Abu-lughod, L. (2001). Do Muslim Women Really Need Saving? Anthropological Reflections on Cultural Relativism and Its Others, *American Anthropologist 104*(3), 783-790.
- Berry, J. W. (2005). Acculturation: Living successfully in two cultures. *International Journal of Intercultural Relations*, *29*(6), 697-712.
- Betancourt, H., & López, S. R. (1993). The Study of Culture, Ethnicity, and Race in American Psychology. *American Psychologist*, *48*(6), 629-637.
- Bhui, K., & Bhugra, D. (2002). Explanatory models for mental distress: implications for clinical practice and research. *The British Journal of Psychiatry, 181*(1), 6-7.
- Bochner, S. (2003). Culture shock due to contact with unfamiliar cultures. In W.J. Lonner, D.L.Dinnel, S.A.Hayes, & D.N.Sattler (Eds.) Online readings in Psychology and Culture. Center for Cross-Cultural Research, Western Washington University, Bellingham, Washington USA.[Available online: <a href="http://www.ac.wwu.edu/~culture/Bochner.htm">http://www.ac.wwu.edu/~culture/Bochner.htm</a>]
- Bohannan, L. (1966). Shakespeare in the bush. *Natural history*. Available online at <a href="http://naturalhistorymag.com/editors-pick/1966-08-09-pick.html">http://naturalhistorymag.com/editors-pick/1966-08-09-pick.html</a>
- Brown, L.S. (2009). Cultural Competence: A New Way of Thinking About Integration in Therapy. *Journal of Psychotherapy Integration*, 19(4), 340-353
- Carlson, V.J., Harwood, R.L. (2003). Attachment, Culture and the caregiving system: The cultural patterning of everyday experiences among anglo and puerto rican mother-infant pairs. Infant mental health journal. Vol.24(1) 53-73.



- Collazos, F., Qureshi, A., Antonin, M & Tomás-Sabado, J. (2008). Acculturative stress and mental health in the immigrant population. *Papeles del Psicólogo*, 29(3), pp. 307-315
- Garcia, F. & Gracia, E. (2009). Is always authoritative the optimum parenting style? Evidence from Spanish families. *Adolescence* (44)173 101-131
- Jones, S.R., & McKewan, M.K. (2000). A Conceptual Model of Multiple Dimensions of Identity. *Journal of College Student Development*, *1*(4), 405-414.
- Kagitcibasi, C. (2002). A model of family change in cultural context. In W. J. Lonner, D. L. Dinnel, S. A. Hayes, & D. N. Sattler (Eds.), *Online Readings in Psychology and Culture* (Unit 13, Chapter 1), <a href="http://www.wwu.edu/~culture">http://www.wwu.edu/~culture</a>), Center for Cross-Cultural Research, Western Washington University, Bellingham, Washington USA.
- Kashua, Sayyed (2014). Sayed Kashu gets a lesson in identity politics in Catalan. Ha'aretz
- Kendili,I, Berrada,S., Kadri, N. (2010). Homosexuality in Morocco: Between cultural influences and life experience, Sexologies, 19(3) pp. 153-156.
- Kirmayer, L. J. (2007). Psychotherapy and the Cultural Concept of the Person. *Transcultural Psychiatry*, 44(2), 232-257.
- Mendez, D. (2013). Cultural Analysis Toolkit, The University of Texas at Austin.
- Okazaki, S. (2009). Impact of Racism on Ethnic Minority Mental Health. *Perspectives on Psychological Science*, *4*(1), 103-107
- Pitts, M. J. (2009). Identity and the role of expectations, stress, and talk in short-term student sojourner adjustment: An application of the integrative theory of communication and cross-cultural adaptation. *International Journal of Intercultural Relations*, 33(6), 450-462.
- Plocikiewicz, M. (2011). Struggling between two cultures: The religious and cultural identity of the moroccan children community in Barcelona. ACE: Architecture, City and Environment = Arquitectura, Ciudad y Entorno [en línea]. 2011, Año 6, núm. 17 Octubre. P. 359-376.
- Rogoff, B. (2003). Orienting concepts and ways of understanding the cultural nature of human development. In *The cultural nature of human development* (pp. 3-36). New York: University Press.
- Rothbaum, F., Weisz, J., Pott, M., Miyake, K., Morelli, G. (2000). Attachment and culture. Security in the United States and Japan. American Psychologist. Vol. 55, No.10, 1093-1104.
- Sam, D. L., & Moreira, V. (2002). The mutual embeddedness of culture and mental illness. In W. J. Lonner, D. L. Dinnel, S. A. Hayes, & D. N. Sattler (Eds.), *Online Readings in Psychology and Culture* (Unit 9, Chapter 1), (<a href="http://www.wwu.edu/~culture">http://www.wwu.edu/~culture</a>), Center for Cross-Cultural Research, Western Washington University, Bellingham, Washington USA.
- Segall, H., Lonner, J., Berry, W. (1998). Cross cultural psychology as a scholarly discipline. American psychologist.
- SIT Study Abroad (2008). After Study Abroad :A toolkit for returning students . Available online at: <a href="http://www.worldlearning.org/OurWorld">http://www.worldlearning.org/OurWorld</a> documents/SITStudyAbroadReentryToolkit.pdf
- Summerfield, D. (2012). Afterword: Against "global mental health". *Transcultural Psychiatry*, *49*(3-4), 519–30.
- Starkey, M. T., Lee, H. K., Tu, C.-C., Netland, J., Goh, M., Schuchman, D. M., et al. (2008). "Only Allah Can Heal": A Cultural Formulation of the Psychological, Religious, and Cultural Experiences of a Somali Man. *Journal of Muslim Mental Health*, *3*(2), 145-153.
- Sussman, N., M., (2002). Sojourners to another country: The psychological rollercoaster of cultural transitions. In W.J.Lonner, D.L. Dinnel, S.A. Hayes, & D.N. Sattler (Eds.), Online Readings in Psychology and Culture (Unit 8, Chapter 1), Center for Cross-Cultural Research, Western Washington University, Belligham, Washington USA.
- Taia, A. (March 24, 2012). A boy to be sacrificed. *New York Times*.
- Vila Carrera, X (2013). The Domain of Spain: How Likely Is Catalan Independence? World Affairs Journal



- Yilmaz, A. T., & Weiss, M. G. (2000). Cultural Formulation: Depression and Back Pain in a Young Male Turkish Immigrant in Basel, Switzerland. *Culture, Medicine & Psychiatry, 24*(2), 259-272.

#### **Recommended Readings:**

- Berry, J. W., Poortinga, Y. H., Segall, M. H. & Dasen, P. R. (2002). *Cross-cultural psychology: Research and applications* (2<sup>nd</sup> ed.). Cambridge, UK: Cambridge University Press.
- Chávez, A. F., & Guido-DiBrito, F. (1999). Racial and Ethnic Identity and Development. *New Directions for Adult and Continuing Education*, 1999(84), 39-47.
- Cheung, F. M., van de Vijver, F. J. R., & Leong, F. T. L. (2011, January 24). Toward a New Approach to the Study of Personality in Culture. *American Psychologist*. Advance online publication.
- Cole, M. (1996). Cultural psychology. Cambridge, MA: The Belknap Press
- Helman, C. (2001). *Culture, health and illness.* London: Arnold.
- Kim, U. & Berry, J. W. (Eds.). (1993). *Indigenous psychologies*. Newbury Park, CA: Sage.
- Lucariello, J. (1995). Mind, culture, person: Elements in a cultural psychology. *Human Development*, *38*, 2-18.
- Kirmayer, L. J. (2001). Cultural variations in the clinical presentation of depression and anxiety: Implications for diagnosis and treatment. *Journal of Clinical Psychiatry*, *62*(suppl 13), 22-28.
- Markus, H. & Kitayama, S. (1991). Culture and the self. *Psychological Review*. 98, 224-253.
- Marshall, S. (2009). Languages and national identities in contact: the case of Latinos in Barcelona. International Journal of Iberian Studies, Vol.22 (2)
- Matsumoto, D. (1989). Cultural influences on the perception of emotion. *Journal of Cross-Cultural Psychology*, 20, 92-105.
- Plocikiewicz, M. (2011). Struggling between two cultures: The religious and cultural identity of the moroccan children community in Barcelona. ACE: Architecture, City and Environment = Arquitectura, Ciudad y Entorno [en línea]. 2011, Año 6, núm. 17 Octubre. P. 359-376.
- Qureshi, A., & Collazos, F. (2011). The intercultural and interracial therapeutic relationship: Challenges and recommendations. *International Review of Psychiatry*, 23(1), 10-19.
- Ratner, C. (2000). Outline of a coherent, comprehensive concept of culture. *Cross-Cultural Psychology Bulletin, 34*(1 & 2), 5-11. [Available online:

# http://www.iaccp.org/bulletin/PDF/PDF\_list.html]

- Rohner, R. (1984). Towards a conception of culture for cross-cultural psychology. *Journal of Cross-Cultural Psychology*, *15*, 111-138.
- Ryder, A. G., Yang, J., & Heine, S. J. (2002). Somatization vs. psychologization of emotional distress: A paradigmatic example for cultural psychopathology. [Available online: <a href="http://www.ac.wwu.edu/~culture/RyderYangHeine.htm">http://www.ac.wwu.edu/~culture/RyderYangHeine.htm</a>]
- Savicki, V., Adams, I., Wilde, A., & Binder, F. (2008). Intercultural development: Topics and sequences. *Frontiers: The Interdisciplinary Journal of Study Abroad, XV*, 111-126.
- Smith, P.B. (2002). Levels of analysis in cross-cultural psychology. [Available online: <a href="http://www.ac.wwu.edu/~culture/smith.htm">http://www.ac.wwu.edu/~culture/smith.htm</a>]
- Triandis, H. C. (2002). Subjective culture. [Available online: <a href="http://www.ac.wwu.edu/~culture/triandis1.htm">http://www.ac.wwu.edu/~culture/triandis1.htm</a>]
- Triandis, H.C. et al. (1993). An emic-etic analysis of individualism and collectivism. *Journal of Cross-Cultural Psychology*, 24, 366-383.
- Triandis, H. C. (2001). Individualism-Collectivism and Personality. *Journal of Personality,* 69(6), 907-924.



- Van de Vijver, F. (2002). Types of cross-cultural studies in cross-cultural psychology. [Available online: <a href="http://www.ac.wwu.edu/~culture/vandeVijver.htm">http://www.ac.wwu.edu/~culture/vandeVijver.htm</a>]

Vontress, C. E. (2002). Culture and counseling. [Available online:

http://www.ac.wwu.edu/~culture/Vontress.htm]